

True Beauty

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True beauty can only be seen with our hearts, not with our eyes. However, we never cease to chase after what seems to be pleasing to our eyes, forgetting that the beauty we see may be short-lived and superficial. For many people, external beauty counts more than inner beauty. In my opinion, however, it is inner beauty that is really valuable and worth pursuing.

It is true that external beauty can easily attract, impress and help to create a favourable image. Beauty pageants emphasizing physical beauty are ever popular in many places and audiences are fascinated by the looks of the contestants. The other qualities of the contestants are seldom taken into serious consideration, and whether or not they have inner beauty is almost never questioned. Many people, especially young people, living or growing up in such cultures fail to see the value of inner beauty. They devote time and effort solely to beautifying their appearances. In the absence of inner beauty, they may even become obsessed with compliments others pay to their looks. But physical beauty withers with time. What will become of them when that beauty is no more in existence?

I think we should never underestimate the importance of inner beauty. Inner beauty, once acquired, will grow and last in our souls. Inner beauty is not visible to the naked eye. Instead, it touches our hearts. Inner beauty may not make a stunning impression on someone you meet, but it never goes unnoticed or unappreciated. For example, we would always welcome and admire the good conduct or the pleasant personality of a classmate or a colleague. As time goes by, our inner beauty only accumulates; it does not fade away. It will eventually captivate the people around us. The virtues and knowledge we have acquired beautify our souls and our lives!

In conclusion, we should understand that external beauty stays on the surface and does not really turn us into beautiful persons. No matter whether we are born with good looks or not, we can all try to be more beautiful, more beautiful from within. We become more beautiful when we try to be kind and good in our thoughts and deeds. Inner beauty can be cultivated. Inner beauty is ever lasting. Inner beauty is true beauty.

