

# Fun with English Idioms

## Idioms on feelings or emotions

Wonderland



### *be cheesed off*

使厭倦

**be annoyed or frustrated**

*Example: She is cheesed off with her younger brother as he always disturbs her when she is working.*



### *lump in one's throat*

哽咽欲泣

**a feeling of constriction in the throat as a reaction to an emotion**

*Example: The talk brought a lump in my throat; I could not say anything and tears rolled down my cheeks.*



### *make my day*

使開心、高興

**make someone very happy**

*Example: My friends and relatives made my day as they all came to congratulate me on my wedding today.*



### *mixed feelings*

悲喜交集

**two opposite or conflicted feelings at the same time**

*Example: I had mixed feelings about studying abroad; I was excited to meet new challenges but sad to leave my parents behind.*



### *a chip on one's shoulder*

好鬥的情緒

**a habitually hostile or combative attitude**

*Example: Jack is a boy with a chip on his shoulder and he gets angry very easily.*



### *down in the dumps*

情緒低落

**depressed or discouraged**

*Example: Demas was down in the dumps as he had lost his fortune because of gambling on the stock exchange.*

